

The Birchwood Race Team Presents:

# MINNESOTA STATE



# CHAMPIONSHIPS

NOV 19 & 20 - 2016

## SATURDAY · 11.19.16

Race/Category	Duration	Start Time
Men : Cat 3	45 min	10:00am
Women : Cat 4/5	30 min	11:00am
Single Speed	45 min	11:45am
Clydesdale (200lbs+)	45 min	11:45am
Men : Cat 4/5	30 min	12:45pm
Women : Cat 1/2	45 min	1:45pm
Women : Cat 3	45 min	1:45pm
Men : Cat 1/2	60 min	3:00pm

## REGISTRATION

Day of registration opens at 8:30am and closes 30 minutes prior to each event. Cash or check to: Birchwood Bike Team.

Pre-registration (online) closes Thurs 11/17 at 10pm:  
<https://www.bikereg.com/minnesota-state-championship-cx>

Starting grid will be determined by MCF Call Up Protocol.

Held under USAC Cycling event permit. USAC License required (one day cost \$15). Medals for top 3 finishers in each category.

Bassett Creek Park, Crystal, MN · 32nd Ave North & Yates Ave N

## SUNDAY · 11.20.16

Race/Category	Duration	Start Time
Junior Men*	30 min	10:00am
Junior Women*	30 min	10:02am
Women 35-44	45 min	10:45am
Women 45-54 / 55+	45 min	10:45am
Women Senior / U23*	45 min	10:45am
Men 45-54	45 min	12:00pm
Men 55-64 / 65+	45 min	12:00pm
Men 35-44	60 min	1:00pm
Men Senior / U23*	60 min	2:30pm

\*Junior age brackets: 9-10, 11-12, 13-14, 15-16, 17-18

\*Senior age bracket: 23-34

\*U23 age bracket: 19-22

## ENTRY FEES - PER DAY

Race/Category	Pre-Register	Race Day
Juniors:	\$10	\$15
All other categories	\$30	\$35
Extra Race	\$5	\$10

PART OF THE PROCEEDS BENEFIT CITY OF CRYSTAL PARKS AND RECREATIONAL PROGRAMS!

A HUGE THANKS TO OUR SPONSORS: Birchwood Cafe, Grand Performance, The Fix Studio, TRIA Orthopaedic Center, MettleVelo, Dero bike racks, InDeed Brewing, Peace Coffee, Izzy's Ice Cream, CycleOps, Nate Ryan Photography and Podiumwear.

Number pick up available Friday · 11/18 · 4-6:00pm at the race site.

More info: [facebook.com/MNChampCX](https://www.facebook.com/MNChampCX) or [www.birchwoodbiketeam.com](http://www.birchwoodbiketeam.com) · Questions: [larsonra80@hotmail.com](mailto:larsonra80@hotmail.com)